



Membership Policy | CAPITAL AREA YMCA

You belong. With a growing and active membership and with programs developed to assist area residents, the Capital Area YMCA is committed to serving the spirit, mind and body of every member.

All Capital Area YMCA memberships have a 30 day satisfaction guarantee, which is a full refund of membership dues and join fee within the first 30 days of membership if you are dissatisfied.

The Capital Area YMCA has a number of different membership options designed to meet the needs of you and your family.

Memberships Categories

Age Based Memberships

If you or a family members are enrolled in an aged based membership you will receive 30 days' notice prior to the time that you/they will age out of the membership type. You will receive options for age appropriate memberships.

Age to access the facility

Members 11 and younger must be accompanied by a parent when entering the building and using the facility unless they are signed into a program.

Continuous Monthly Memberships

Continuous monthly memberships are perpetual memberships with no expiration date.

Fixed Term Memberships

Fixed term memberships begin at an agreed upon date and extend for a fixed period of time. A fixed term membership maybe weekly, monthly, seasonal or annual. Annual fixed term memberships have a fixed begin and end date. An annual fixed term membership will automatically renew for the same fixed term. The YMCA will send a renewal invoice 30 days before the renewal date.

Community Benefit Memberships

The Capital Area YMCA Community benefit memberships are designed to provide the member with short term limited access to the YMCA facility for a defined period of time with predetermined days and times for specific purposes and programs.

Ways to Save

Active & Fit

Active & Fit is a benefit offered through some employer health plans that gives its members a no-cost membership at the YMCA. Check with your health insurance plan to see if this benefit is available.

Corporate Health & Wellness Partnerships

Take the first step toward a healthier workplace when you offer a [YMCA corporate membership](#) as part of your employee benefit package. Our members receive a number of benefits, including reduced membership rates and joining fees for employees. A YMCA membership provides access to a local Y facility and a range of wellness programs, including fitness classes.



First Responders, Government, State Workers, Military, and Teachers: In recognition of our partnerships, employees receive a Y Membership at 15% off the monthly dues. Present your identification when joining.

The Y For All – Financial Assistance Program

The Y is a leading 501 c(3) nonprofit organization for youth development, healthy living and social responsibility. Through funds raised from the Annual Campaign and special events, we are able to provide financial assistance to qualifying individuals and families so that everyone has a chance to learn, grow and thrive at the Y.

Financial Assistance must be reviewed annually for membership and programs. In the case that you receive a scholarship through the Y For All financial assistance program and you have been alerted that your financial assistance will be expiring but have failed to provide renewal documentation, no refund will be given for the fees paid at the higher rate.

FINANCIAL ASSISTANCE INFORMATION

Horizon BCBS Members Save 15%

Simply present your Horizon membership card at our Y and you'll receive a 15% discount on a monthly membership. Plus, we'll waive the joiner fee. The program is valid for 2024.

Military Memberships

We will waive the joiner's fee for all veterans, active duty, and reserve duty military persons with proof (DD214 Form).

Other Promotional Membership Rates

I understand that if I participate in a promotional membership plan that I may save on my monthly membership dues. When the promotional offer ends or the agreement with a third party that is part of the promotion changes, I will be given 30 days' notice of any change. Should the change be unacceptable to me, I can terminate the membership agreement with 14 days' notice. I understand that notice is required prior to your next scheduled draft date to stop membership charges. Should I decide to terminate my membership, I agree to notify the YMCA in writing giving 14 days' notice. After receipt of written notification and fulfillment of the required 14 day notice, the YMCA will end the pre-authorized charges to my credit/debit card or my checking account. My membership participation will be active through the last day that has been paid for.

Renew Active™ by UnitedHealthCare®

For participants of select Medicare Advantage Plans through UnitedHealthcare. Stay active and enjoy the benefits of a facility YMCA membership. To check eligibility, call your UnitedHealthcare plan's Customer Service toll-free number on the back of your member ID card, or visit uhcrenewactive.com.

Membership Information

Joiner Fee

Upon joining, new members pay a one time joiner fee in addition to the membership dues. You may rejoin within 30 days of expiration date without repaying this fee. Monthly membership payments and joiner fees are non-refundable and non-transferrable. Members from another YMCA in good standing may request a waiver of joiner fee.

Cancellation of Membership

Should you decide to terminate your membership, the Capital Area YMCA requires written notice 14 days in advance of the next billing date to cancel a membership. Membership cancellation notification must be submitted in person or via email to rrichardson@capitalymca.org. After receipt of notification and fulfillment of the required 14-day notice, the YMCA will end the pre-authorized charges to your account. No refund will be given for a bank draft that occurs during the 14-day cancellation period. Membership fees are not refundable. Your membership participation will be active through the last day that has been paid for.



Changes to Membership

Contact your local branch to make changes.

Membership Holds

14 day written notice to hold a membership is required.

A member can request a hold up to 3 months on their account for any reason.

A member can request a hold up to 6 months on their account for medical reasons with a Doctor note.

Membership charges will automatically resume after the hold period.

Nationwide Membership

The Capital Area YMCA participate in nationwide membership. Members must visit their home branch 50% of the time or will be asked to change their home branch.

Visiting nationwide members will have the same facility access privileges as Capital Area YMCA Members. Guests under the age of 18 must be signed in and accompanied by adult while using the facility.

Nationwide members who want to participate in fee based programs will pay the community member rate.

When members visit from non nationwide participating YMCAs they will get one free guest pass annually following all guest pass procedures. After that they pay full guest pass price.

Bring a Guest

Members can invite their friends to join them at the Y by having their friends fill out a guest pass at our front reception desk. A trial pass is valid for 7 consecutive days for individuals of 18 years of age and older and families. 1 trial pass per 12 consecutive months.

Membership Swipe Cards

Membership swipe cards are issued upon joining the YMCA. Please swipe your membership card each time you enter the facility and when registering for programs for quicker service. Members without their membership card, spectators or guests must check in at the Welcome Center. Lost card will be replaced for a \$5 fee.

Membership Policies

Make-Up Policy

Make-up classes will be scheduled only in the event that the YMCA cancels the class. Programs missed for personal reasons cannot be made up. If a class is missed due to serious illness or injury, a credit or refund may be issued if a doctor's written confirmation of illness or injury accompanies the request.

Refunds

If you are incorrectly charged due to the YMCA's failure to cancel or put the membership on hold, a full refund will be given as long as the refund is accompanied by proper documentation (ie hold form, cancellation form, email, etc).

Program Cancel Policy

Activities – Draft Payment Agreement

I hereby authorize the Capital Area YMCA to automatically charge my credit card each month for payment of this enrollment.

Should I choose to cancel or change this enrollment, I must notify the YMCA in writing at least 14 days prior to my next renewal and will be required to pay any outstanding balance and fees due for any time enrolled that has not yet been paid for. Should the authorized charge decline, I will be notified to correct my account information immediately. Failure to respond may result in suspension of participation. The YMCA reserves the right to terminate this agreement and services should the authorized charge



to my credit/debit card or checking account decline. I understand that a reprocessing fee of \$25.00 may be charged for all declined drafts. I understand that I am in full control of my payment. Should I choose to pay in advance of my scheduled payment, I can do so online or in person at my branch's Welcome Center. I understand that credits/refunds will not be issued for missed classes due to participant absence or inclement weather. For more information or to make a change to your program registration, please contact us at 609-599-9622.

Membership Declines

If the authorized charge to my account is declined, I will be notified to correct my account information immediately. A re-processing fee of \$25.00 may be charged to all declined drafts. Failure to respond to notification will result in a financial hold on my membership participation. I understand that I will be liable for any and all monthly draft payments and administrative fees to reinstate my membership. The YMCA reserves the right to terminate this agreement should the authorized charge to my credit/debit card or my checking account be declined after 2 consecutive attempts.

Rate increase

I understand that the monthly membership rate may periodically increase and I will be advised 30 days prior to the increase. Should the rate change be unacceptable to me, I can terminate the membership agreement with 14 days' notice. I understand that notice is required prior to your next scheduled draft date to stop membership charges. Should I decide to terminate my membership, I agree to notify the YMCA in writing giving 14 days' notice. After receipt of written notification and fulfillment of the required 14 day notice, the YMCA will end the pre-authorized charges to my credit/debit card or my checking account. My membership participation will be active through the last day that has been paid for.

Valuables

The Capital Area YMCA is not responsible for lost or stolen articles in any of its facilities.

Code of Conduct

Member and Participant Protection Policy

We take very seriously the safety and well-being of our members and participants and, to that end, have established policies and procedures that protect people (and particularly children) utilizing our programs and facilities. The law imposes an affirmative duty on the YMCA and its members and participants to prevent child abuse, bullying or other forms of abusive behavior. Any person having reasonable cause to believe that a child has been subjected to child abuse or acts of child abuse is to report this immediately. Such reports, where possible, shall contain the names and addresses of the child and his parent, guardian, or other person having custody and control of the child and, if known, the child's age, the nature and possible extent of the child's injuries, abuse or maltreatment, including any evidence of previous injuries, abuse or maltreatment, and any other information that the person believes may be helpful with respect to the child abuse and the identity of the perpetrator.

The YMCA reserves the right to deny access or membership to any person. This includes but is not limited to, any person engaged in child abuse or bullying as well as those persons who are known to have been accused or convicted of any crime involving child abuse, sexual abuse or is a registered sex offender. By signing the Capital Area YMCA membership form you certify that neither you nor anyone on your membership has been accused or convicted of a criminal offense listed above.

All members and participants must recognize that the Capital Area YMCA is dedicated to the welfare of all. In order to maintain a consistent and cooperative environment, the Management of the YMCA requests that all members and participants using its facilities refrain from the use of foul language, abusive actions or inappropriate behavior and recognize that good sportsmanship, fair play and a cooperative attitude govern behavior at all times. Rules for participation in a program are the same for everyone without regard to race, color, national origin, sex, age or disability. It is understood that everyone will be treated as individuals and respect shown for reasonable differences in tastes, preferences, abilities, and range of behavior patterns. Respect others as well as the buildings, equipment and the natural environment. Refrain from smoking, possessing alcoholic beverages, firearms or other weapons and any illegal substances. Adult members should avoid conversations with unrelated minors and refrain from being alone with unrelated minors while using the facility.

The YMCA reserves the right to dismiss someone from the organization whose conduct is not in the best interest of the YMCA, without refund. Failure to observe this code may result in the termination of privileges. The loaning of your membership card will



result in termination of membership privileges.

Concussion Testing and Return-to-Play Policy

The Capital Area YMCA "YMCA" adopts this Policy as a measure to protect the safety, health, and welfare of members participating in athletic programs. The YMCA believes a concussion testing and return-to-play policy for members suspected of sustaining a concussion will protect the member from risk of more serious health problems. The YMCA requires strict adherence to this Policy in the event a member may have sustained a head injury or an injury that could cause a concussion.

If it is suspected a member sustained an injury that could cause a concussion or if signs observed by others or symptoms reported by the member are those signs and symptoms of a concussion, the member's parents will be contacted by appropriate YMCA personnel, the member will be immediately removed from the activity and the member will not be allowed to return to practice or play until the member receives a medical examination conducted by the member's physician. The member's physician must make a determination on the presence/absence of a concussion.

If the member is concussed or injured, the physician will appropriately treat the member and shall be required to provide a medical release, without limitations, indicating when the member is able to return to the activity.

If the member's physician determines the member is not concussed or injured, the physician shall be required to provide a medical release, without limitations, with a return-to-play date. Physician clearance notes that are inconsistent with this concussion policy may not be accepted by the YMCA.

Member's that have sustained a concussion may return to full participation when he/she meets the criteria above. All coaches and sport directors must complete a Concussion Training Program that is stipulated by YMCA management.

A copy of this Policy will be provided to the parents or guardians of all members prior to their participation in a YMCA athletic program. Parent or guardians shall be required to acknowledge receipt of this Policy.

Insurance

Certain activities at the YMCA have risks which are inherent to the activity. When partaking in these activities, members and participants assume responsibility for these risks. If you have any questions regarding these risks, please contact the appropriate Department Director.

Camp Participation Agreement

I agree that certain activities of the YMCA have risk which are inherent to the activity. Since most members and participants have health and accident insurance, the cost of additional insurance has not been included in membership or program fees. I agree to indemnify and save harmless the YMCA from any claims or demands arising out of any such injuries or losses. I further agree to give my permission to the use of any photographs (for marketing purposes, on any branch website, in a promotional video) taken of my child, family member or myself during any YMCA activities. This permission is granted to the Metropolitan YMCA of the Oranges. I agree to place him/her in care of the camp, subject to all its rules and regulations. As required by New Jersey State Law, I give permission for my child to handle and fire a rifle and/or bow and arrow, and to participate in out-of-camp trips.

Emergency Closings

If the YMCA must close, delay opening or close early, an announcement will be made on our website, Facebook page and other necessary means.



Current Membership Types (does not include Joiners Fee)

<u>Adult 1 Child Program</u>	Annual Program Membership	\$50.00/annually
<u>Active & Fit</u>	Silver & Fit and Active & Fit through the American Specialty Health Fitness Inc.	\$0.00 / annually
<u>Adult (Ages 25-61)</u>	Full Facility Membership	\$30.00/monthly
<u>Family - Single Parent Annual Billing</u>	Full Facility Membership for single parent with up to 12 children.	\$480.00/annually
<u>Family - Single Parent Monthly Billing</u>	For Families with up to 12 children	\$40.00/monthly
<u>Family - Two Parents</u>	Full Facility Membership for two adult household plus dependents.	\$50.00/monthly
<u>Full-Time Employee</u>	F/T Employee plus dependents	\$0.00/monthly
<u>Hibbert Group Company Sponsored Membership</u>	This is a membership sponsored by their company. Each person who attends our YMCA should have a unit created for them so that we can track usage.	\$5000.00/annually
<u>Horizon Valued Member Adult</u>	Get a 15% discount at the YMCA As a valued member, you get discounts at the YMCA.1 Simply present your Horizon member ID card at any participating New Jersey YMCA and you will receive a 15% discount on your monthly membership fee. Not a member of the YMCA yet? The YMCA will also waive the initiation fee. 1 Participating YMCA locations are subject to change and restrictions may vary by YMCA location. 2 Discount will begin with your Horizon member ID card verification at a participating YMCA. Discount valid through 12/31/24.	\$25.50/monthly
<u>Non-Member</u>	This membership is for Donors and volunteers only. Child care and Camp programs MUST TAKE a program membership before registering or it will say closed.	\$0.00/semi-annual
<u>One Senior and One Young Adult (62 and over and 17 and Over)</u>	Must be in the same household.	\$30.00/monthly
<u>Part-Time Employee</u>	Employee only	\$0.00/monthly
<u>Program - 1 Adult</u>	Annual Program Membership - 1 adult only.	\$60.00/annually
<u>Program - 1 Child</u>	SIGN YOUR CHILD UP PRIOR TO REGISTERING FOR PROGRAMS. Without a child on the membership, you will not be able to register.	\$30.00/annually
<u>Program - 2 Children</u>	Annual program membership for one child only. Used for Programs, Childcare and Camp ONLY. SIGN YOUR CHILD UP PRIOR TO REGISTERING FOR PROGRAMS. Without a child on the membership, you will not be able to register.	\$60.00/annually
<u>Program - Family (3 or more children)</u>	Annual program membership for two children only. Used for Programs, Childcare and Camp ONLY. Up to age 17. SIGN YOUR CHILD UP PRIOR TO REGISTERING FOR PROGRAMS. Without a child on the membership, you will not be able to register.	\$80.00/annually
<u>Renew Active</u>	Annual Program Membership for families with 3 or more children. All children must reside in same household. Used for Programs, Childcare and Camp ONLY. Up to age 17. Renew Active program eligibility, you must be: 61 or older, or eligible for Medicare because of a disability. Living in the U.S. Enrolled in a private Medicare plan that offers the Renew Active benefit. (United Health Care)	\$0.00/annually
<u>Senior (62 and over)</u>	Full Facility Membership	\$15.00/monthly
<u>Silver & Fit</u>	Silver & Fit and Active & Fit through the American Specialty Health Fitness Inc.	\$0.00/annually
<u>SilverSneakers (65+)</u>	SilverSneakers Fitness program eligibility, you must be: 65 or older, or eligible for Medicare because of a disability. Living in the U.S. Enrolled in a private Medicare plan that offers the SilverSneakers benefit.	\$0.00/monthly
<u>The Children's Home Society of New Jersey</u>	This Membership is available to the Children who participate in our YMCA programs and who have been identified through an agreement with the YMCA and CHS. This is a Zero dollar membership, good for 1 year through an agreement between CHS and the YMCA.	\$0.00/annually
<u>Trenton Housing Authority</u>	This membership is a family membership which includes children as long as they are listed on the lease. No upper limit for children. A Trenton Housing Authority Family Membership is Free, but to be accepted you must provide a copy of the lease with children listed.	\$0.00/annually
<u>Y Board of Directors</u>	Current Board of Directors only	\$0.00/annually
<u>Young Adult (18-24)</u>	Full Facility Membership	\$25.00/monthly
<u>Youth (Ages 3 to 17)</u>	Full Facility Membership	\$15.00/monthly

