



the

YMCA



2020 - 2021 ANNUAL REPORT

Transforming Lives
**Making More
Possible**

Capital Area YMCA
431 Pennington Ave.
Trenton, NJ 08618
(609) 599-9622

www.capitalymca.org

CEO MESSAGE



Dear Friends,

The Capital Area YMCA has seen its share of challenges over the past few years, but nothing compared to the challenges that the global pandemic has brought.

Our facilities were forced to close, in-person programs stopped and fundraising events were either canceled or postponed, all formidable challenges for our organization, one that prides itself on bringing people together.

But when faced with adversity, we're proud to say that the Capital Area YMCA did not shy away during this time but instead we stepped up to the challenge with determination and, along with many partners, provided substantial support for the community:

- Caring for the children in our community
 - Developing a way to assist school districts and families through the hybrid and remote learning plans
 - Feeding families and seniors dealing with food insecurity
 - Connecting people through online classes
 - Checking in via phone with our senior members, helping them from feeling isolated
- And so much more!

The Capital Area YMCA has never only been about being just a facility, with gyms and swimming pools. We are the people who respond to what our community needs, and the pandemic has allowed many in our community to view us through the same lens as our Board and Staff.

There were many new needs presented to us and we were quick to respond and make a difference. Through adversity comes strength. Our partners and supporters responded to our plan and vision, redirecting their funds to our work for COVID response, supporting such programs as food access and remote learning, as well as a successful, yet smaller day camp.

We invite you to read our Annual Report and our story of spirit, compassion and determination while keeping our Community together and staying fiscally strong.

Yours in Mission,

Ayo Marie Richardson
Interim Chief Executive Officer





YOUTH DEVELOPMENT

323 children served through our childcare, early learning and before & after school programs.

181 Basketball participants learned the power of teamwork.

201 children explored, played and learned new skills during summer camp.

89 Dancers gained confidence during dance programs.

33 Martial Arts students became more focused and confident, all while getting excellent exercise and defense skills!



PRESCHOOL CENTER

Our philosophy and practices are based upon best practices in early childhood development. Our Classrooms reflect an active environment that allows children to make new discoveries and to mature at their own pace.

Locations:

431 Pennington Avenue | Trenton, NJ and

110 Prospect Village | Trenton, NJ 08618

Ages: 3-5 years

Cost: FREE for Trenton Area Residents 8:40am to 3:15pm; September through June

Before Care 7:30am-8:40am for a nominal fee

After Care 3:15pm-5:30pm for a nominal fee

SCHOOL AGE CHILD CARE

Parents can have peace of mind knowing that their children are in a safe and supervised environment during the school year. The Capital Area YMCA is the leading provider of child care programs.

Serving Trenton and Lawrenceville School Districts



SUMMER CAMP

Children who attend YMCA camps gain more than just new friends and great memories; they develop skills and values that last a lifetime. Day campers spend their days swimming, overcoming challenges and accomplishing goals in a safe and fun environment.

Programs: Summer Day Camp in Trenton and Rider University
Serving: Pre-School Children and School-Age Children





The Community Dance Academy at the Capital Area Y is a creative arts program that is an excellent opportunity for youth, teens, adults and families to gain exposure to a significant aspect of our culture. Through the arts, participants experience activities that foster self-expression, build self-esteem and develop imagination, critical thinking and valuable social skills.

Programs: Ballet, Tap, Hip-Hop, Modern, Jazz and Summer DanceSense



COMPETITION SUCCESS – May 15, 2021

Legacy Dance Championship's Regional Event, Sewell, NJ.



HEALTHY LIVING



Greenwood Avenue Farmers Market

One-of-a-kind market
that's proud to provide
Trenton, NJ with healthy
and
culturally-appropriate
food options, free health
services, and games &
activities!

City of Trenton Fitness Program

Socially Distanced Fitness Program

Senior Classes in Lawrence

Outdoor Fitness Classes Senior Tap Circuit and Boot Camps



SOCIAL RESPONSIBILITY



Making a Difference

Grab & Go Meals (Served over 755,794 meals)

Virtual Classes

FREE Bell Xcell On Line Learning

Thanksgiving Dinner Give Away

Justice, Equity, Diversity and Inclusion (JEDI) classes and Youth Summit
Juneteenth

African American Cultural Collaborative of Mercer County

Trunk or Treat

Christmas at the Y

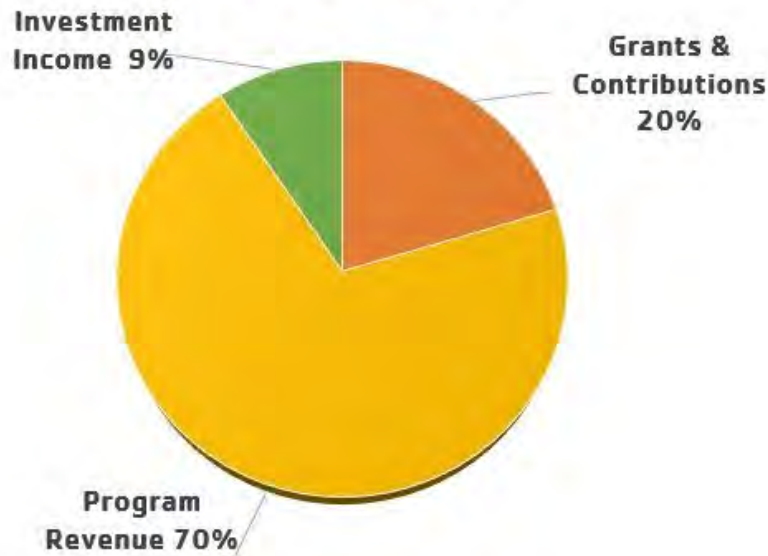
The YMCA believes our communities are strongest when everyone is included and has the opportunity to reach their full potential. We welcome and connect people of all generations, backgrounds and perspectives, and we're committed to addressing issues that people face to create positive change.

UNAUDITED FINANCIAL STATEMENT

Year Ending 6/30/2021



Sources of Funds



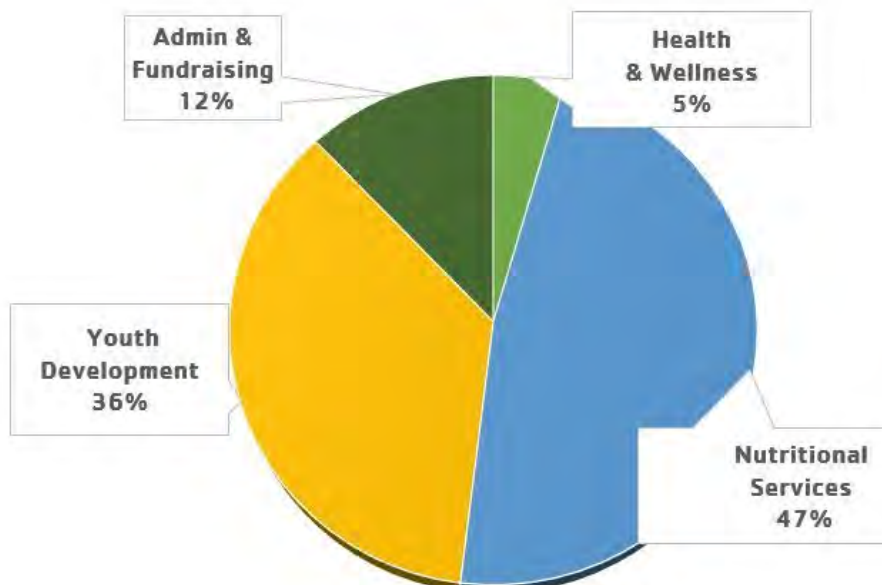
INCOME

Programs/Rental Income	\$4,037,855
Grants & Contributions	\$1,170,759
Investment Activities	\$ 540,339
Total Income	\$5,748,983

EXPENSES

Health & Wellness	\$ 206,080
Nutritional Services	\$2,183,509
Youth Dev. & Education	\$1,654,624
Adm. & Investment	\$ 557,533
Total Expenses	\$4,601,757

How Funds Are Invested



TOGETHER WE CAN DO SO MUCH MORE! **A HUGE Thank You to our donors and supporters.**

7/1/2020-6/30/2021



The following Includes Special Events, Grants, and Gifts

GRAND BENEFACTOR (\$50,000+)

Novo Nordisk
Anonymous Benefactor
Anonymous Benefactor

GRAND PATRON (\$25,000 TO \$50,000)

Wells Fargo
YMCA of the USA
CDBG
Mercer County Youth
Commission Services

CHARACTER BUILDER (\$10,000 TO \$25,000)

Aetna Inc.
Mercer County Child Care
AT&T
Shusterman
Share our Strengths
Princeton Area Community
Foundation
Anonymous Benefactor
Verizon Foundation
Tracy Ross
Christine's Hope for Kids
Foundation
Santander Bank

PRESIDENT'S CIRCLE (\$5,000 TO \$9,999)

Hampton W. Cook

New Jersey Manufacturers
Insurance Company
PNC Financial Services
Nottingham Insurance
Stark & Stark
Ajax Management, LLC
Church & Dwight Employee
Giving Fund
Tommi Vincent

CIRCLE OF SUCCESS (\$2,500 TO \$4,999)

The Girl Friends, Incorporated -
Trenton Chapter
PNC Foundation
Center for Family Guidance CFG
Health Network, LLC
ASI Contractor Supply
Baelen Family Charitable Fund
Capital Health System
CBIZ, INC.
Essential Properties
Horizon Blue Cross Blue Shield
Fox Rothschild LLP
Fulton Bank of New Jersey
Mercadien Foundation, Inc.
Warren Family Foundation
Mountain Development Corp
Princeton Brain & Spine Care
Savoy
The BOV Foundation

PATRON (\$1,000 TO \$2,499)

Karson Food Service
Amboy Bank
Michael Donahue
Douglas Simon

Clover Health Insurance
Company
Debra & Warren Broudy
Delta Dental
First Bank
Friedman LLP
Horizon NJ Health
Langan Engineering
Mercer Oak Realty LLC
Merit Landscape Solutions
United HealthCare Services Inc.

MEMBER (\$999 AND BELOW)

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Shakira Abdul-Ali
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Lucinda Anderson
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Rose Bennett
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Lisa Blount

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Jude Bratman
Jennifer Brick
Valerie Bronson
Taylor Brownell
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Floyd Campbell
Brian Carlis
Cece Carsky
Joe Carsky
Monica Carsky
Meg Carsky-Wilson
Andrew Carsky-Wilson
William Catanch
Jack Caulk
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Dixie Conner
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Turquoise Davis
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Gregory Deatz
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Twanda Hall
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Marilyn Hardy-Taylor
Chanell Hardy-Taylor
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 Nelida Valentin
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 Dominic Vanisko
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 Flora Ward
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 Tiffany Youngblood
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The Capital Area YMCA is grateful for all donations. Every attempt has been made to ensure the accuracy of these lists. Please notify us of any misprints, omissions or corrections. **To update your listing or if your listing is missing, please contact Maria Johnson, Director of Marketing and Communications at mjohnson@capitalymca.org**



BOARD OF DIRECTORS



The YMCA is a volunteer-led organization. Our Board of Trustees' are community leaders who generously donate their time and expertise by establishing operating policies, providing planning and strategic direction, and helping to secure the resources we need to promote change in the community and advance the Capital Area YMCA's mission.

Our Board firmly believes that the Y plays a vital role in shaping children, supporting families and providing people of all ages and abilities in our community with programs that can help them realize their full potential.

**Samuel
Frisby**
Thank you for
10 years of
service as
our CEO.



Daniel R. Brenna, Jr.
Ajax Management

Gene Bouie
Henry J. Austin

Warren Broudy
The Mercadien Group

Meg Carsky-Wilson
Church & Dwight

Michael Donahue
Stark & Stark

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Formerly Novo Nordisk

Gary Gray
Merrill Lynch

Jeffrey Hall
Szaferman Lakind

Sonal Patel
BlackRock

Pamela Pruitt
Rider University

Tracy Ross
Minister

Sab Russo
Mercer Oak Realty

Patrick Ryan
First Bank

Tracy Thompson
Attorney General's Office

Peter Toft
Nottingham Insurance



THE CAPITAL AREA YMCA A VITAL COMMUNITY ASSET

**265,830
Breakfasts
Served**

**352,142
Lunches
Served**

**116,334
Snacks
Served**

**35,037
Dinners
Served**

With the help of many, we continue to invest in the people, programs and service which strengthen the Capital Area YMCA community and help us fulfill our vital mission.



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