



**PRESS RELEASE
FOR IMMEDIATE RELEASE:**

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**THE CAPITAL AREA YMCA AND THE CITY OF TRENTON HELP LIFT THE
COMMUNITY THIS THANKSGIVING**

The challenges of the COVID-19 pandemic are unprecedented and the Capital Area YMCA is responding in a variety of ways to meet community need. Amid school closures and economic uncertainty, a rapidly increasing number of people are facing food insecurity. Thanks to a grant from the City of Trenton, the Y will be distributing Thanksgiving baskets to our community on Monday, November 23rd to help address this serious issue.

- 100 baskets and 200 gift cards for a family dinner will be given away at Columbus Park, Trenton (Hamilton and Chestnut Ave) from 11am – 1pm – no registration is required and it will be first come first served.
- 200 baskets and 100 gift cards for a family dinner will be given away at our Y Location at 359 Pennington Avenue, Trenton from 3pm – 5pm – no registration is required and it will be first come first served.
- CYO 920 South Broad Street, Trenton, New Jersey – 100 gift cards for a family dinner
- Trenton Housing Authority at Donnelly - 875 New Willow Street – 100 gift cards for a family dinner

“This year, unlike any other year, our community, like many other communities around the world, is experiencing an unprecedented event in the form of COVID-19. As a nonprofit charity, our purpose is to be a safety net for our community in its area of greatest struggle. Many families in our City are struggling as their food bills have increased because their children are home fulltime instead of in school. We have always been willing to stand in the gap to support our community while times are tough, and our mission has not changed.” Said Samuel Frisby, CEO of the Capital Area YMCA.



Since the Pandemic, the Capital Area YMCA has provided Grab and Go, ready to eat meals for children. Our meals include fresh fruits, vegetables, whole grains, protein and milk. We are proud to announce that the Y's Food Access Department has served 520,232 meal types to Trenton children since March 17, 2020. With a grant from the City of Trenton we were able to serve nearly 15,000 adult meals this summer to support our families at a greater level.

“When we say the Y builds ‘strong families,’ it’s not just a slogan. It’s a tradition, a daily fact of life and a point of great pride.” Said Khadijah McQueen, Director of Food Access.

Renee Riddle-Davison, The Y's director of Dance, Fitness and Membership and Special Events is coordinating the details. “What a Blessing it is, to be a Blessing” says Renee even while she is helping to collect and organize the much needed event.

For those that are interested in helping us Feed the Need, please visit our campaign for good at <https://www.classy.org/campaign/from-your-hands-to-theirs/c305686> or for more information, please call 609-599-9622 or visit our website at www.capitalymca.org.