

OUR COMMUNITY IS BETTER WHEN WE ALL JOIN TOGETHER

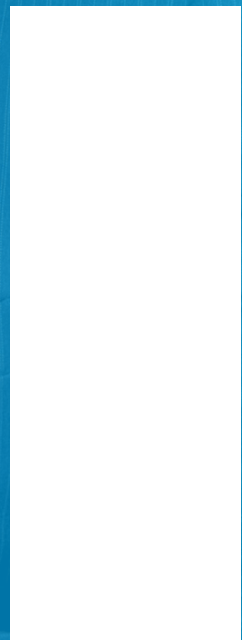


WHEN TIMES ARE TOUGH
YOU CAN DEPEND ON US

Capital Area YMCA
2019-2020
Annual Report

A portrait of a middle-aged Black man with a mustache and glasses, wearing a brown pinstripe suit, a white shirt, and a yellow and blue striped tie. He is smiling and has his hands clasped in front of him. The background is a blue, textured, cloudy pattern.

**“OUR
COMMUNITY IS
BETTER WHEN
WE ALL JOIN
TOGETHER”**



A MESSAGE FROM OUR CEO

Dear YMCA Family

For nearly 165 years, the Capital Area YMCA has supported our community as a leader in youth development, healthy living, and social responsibility. We've been honored to open not only our doors, but also our hearts to your family to improve your health, take care of your children, and teach them how to play basketball and swim.

You've trusted us to host family events like first birthdays, anniversary parties, surprise parties, and funeral repasses. You've allowed us to share in your most intimate and personal occasions, and for that we say, "Thank you".

This year, unlike any other year, we have experienced an unprecedented event – COVID-19. As a nonprofit charity, our mission is to protect those most vulnerable in our family of communities and make sure that there is someone there to fill that critical gaps in services.

Many of you, business and residents alike, have called us and asked how you can help to support our Y staff so we can continue to serve our community better, together.

With the help of so many, we've been able to provide much needed services such as:

- Offer free meals to children throughout our community within 48 hours of a statewide shutdown.
- Give out free groceries in unprecedented numbers with help from our corporate partners.
- Provide virtual early childcare when schools closed for in-person instruction.
- Offer free virtual group exercise that strengthened our communities and help keep us connected.
- Do telephone safety and well-being checks on our seniors who have often felt the most isolated throughout this pandemic.

During this challenging time and at all times, our first priority is people – protecting and supporting our employees, their families and the communities where we live and work while facing the enormous challenge of meeting people's basic needs.

With Gratitude,

Samuel T. Frisby, Sr.
President & CEO

A young girl with braided hair, wearing a grey hoodie, blue jeans, and a colorful climbing harness, is climbing a white rope wall. She is holding onto a blue rope. The wall is covered with several colorful handholds: green, purple, red, and yellow. The background is a solid blue sky.

YOUTH DEVELOPMENT

541

children served
through our childcare,
early learning and
before & after
school programs.

350

Swimmers and
lessons learned in
our pool.

256

Basketball
participants
dribbled circles
in our gym.

250

children explored,
played and learned
new skills during
summer camp.

181

Dancers pirouetted
around in the studio

28

Martial Arts students
learned respect,
discipline and
round-house kicks

PRESCHOOL & EARLY CHILDHOOD LEARNING

At the Capital Area YMCA Preschool Center our philosophy and practices are based upon best practices in early childhood development. Our classrooms reflect an active environment that allows children to make new discoveries and to mature at their own pace.



Our children and families also enjoy the benefits of our many partnerships and special programs. Parents gain an invaluable understanding of their child's social/emotional, behavioral, physical and cognitive development. Monthly parent workshops, semi-annual parent-teacher conferences, hearing, dental, vision and developmental screenings for children all offer parents insight into the developmental stages of preschool aged children.

Our Family Workers are available to provide information regarding employment, health insurance, housing, positive redirection and other topics involving children and families. You are welcome to schedule an appointment with your child's Family Worker ANYTIME.

Locations:

431 Pennington Avenue | Trenton, NJ 08618 110 Prospect Village | Trenton, NJ 08618

Ages: 3-5 years

Cost: FREE for Trenton Area Residents 8:40 am to 3:15 pm; September through June

What We Offer

- Grow NJ Kids Program Participant
- We are a Trenton School District Preschool
- Highly-Qualified Staff
- Director – NJ Administrator's Credential
- Family Workers – FDC Certified
- P-3 Certified and Trained Teachers
- Gold Inter-rater Reliability
- Nutritional Breakfast, Lunch and Snack Provided
- Before Care and After Care for a nominal fee



Leanne Alexandrini

Preschool Director, Trenton

Responsible for Preschool School Year and Summer in Trenton.

609.599.9622, ext. 210; Email: lalexandrini@capitalymca.org

SUMMER CAMP

Children who attend YMCA Camps gain more than just new friends and great memories; they develop skills and values that last a lifetime. Day campers spend their days swimming, overcoming challenges and accomplishing goals in a safe and fun environment.

Programs: Summer Day Camp in Trenton and Rider University
Serving: Pre-School Children and School-Age Children



CAMP DIRECTORS



Jeff Hirschman

Sr. Program Director - Lawrence

609.599.9622, ext. 303

Email: jhirschman@apitalymca.org



Victoria Gist

School Age Child Care Director - Trenton

609-599-9622 Ext. 218

Email: vgist@capitalymca.org

“When we say the Y builds ‘strong families,’ it’s not just a slogan. It’s a tradition, a daily fact of life and a point of great pride.”



Programs:
Summer Day Camp in Trenton
and Lawrence

Serving:
Pre-School Children and
School-Age Children



RIDER
UNIVERSITY



CHILD CARE

OUR PHILOSOPHY

At the Y, we build strong kids, strong families and strong communities through mission-driven programs that build healthy spirit, mind and body for all. The Y provides a comprehensive Before & After School care program that supports the needs and priorities of the child, the family, and the school. Our programs facilitate the development of the whole child through meaningful experiences, programs, and collaborations that build relationships and a sense of community.

YMCA School Age Child Care programs provide a safe, secure and supportive environment that gives families peace of mind when they cannot be there themselves. We believe that a child's experience is dependent on family life and community life – YMCA programs strive to support the entire family with a variety of programming and character-based curriculums.

- We believe in focusing on a child's abilities rather than their shortcomings.
- We believe that when youth are exposed to consistent displays of positive character traits, they will develop a healthy self-esteem and a willingness to help others.
- We believe that by supporting the local school, children will experience success.
- We believe that building strong kids and strong families will strengthen the foundation of our communities.

PROGRAM BENEFITS

Our programs offer a holistic approach to child development by offering activities that strengthen, expand and provide real life context to information learned in the classroom.

FOR FAMILIES

- Safe, licensed programs on school campus
- Parents have peace of mind, children are safe and engaged
- Homework support and diverse curriculum
- Family events
- Holiday and Summer Care



THE YMCA
IS THE NATION'S
LARGEST
SCHOOL-AGE
PROVIDER

FOR SCHOOLS

- Onsite, quality afterschool care for families
- Academic enrichment and extra-curricular opportunities
- Holiday and Summer Care for families
- Physical Education & Art programs
- Access to programs that foster youth development, healthy living and social responsibility

FOR CHILDREN

- Youth feel safe and valued
- Youth demonstrate self-awareness and self-respect
- Youth acquire knowledge of healthy lifestyle principles
- Youth engage in physical activities
- Youth practice problem solving and conflict resolution skills
- Youth understand and demonstrate positive character traits
- Youth show respect and acceptance for others
- Youth have fun and make new friends

PROGRAMS OFFERED: Full Day, Part Day, Before School, After School, Drop-In Passes, Holiday Care

CHILDCARE DIRECTORS & STAFF



Jeff Hirschman

Sr. Program Director

Responsible for pools, after school in Lawrence Summer Camp at Rider and Youth Programs.

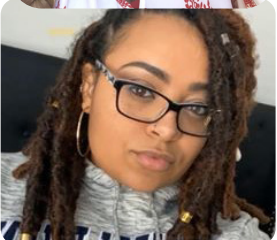
609.599.9622, ext. 303, Email: jhirschman@capitalymca.org



Victoria Gist

ECC Coordinator, Trenton Camp and After School Director

609-599-9622 Ext. 218, Email: vgist@capitalymca.org



Aneisha Felton

Youth Programs - Administrative Assistant

609.599.9622, ext. 305; Email: Afelton@capitalymca.org



Sabrina McNight

Youth Programs - Administrative Assistant

Youth Programs Administrative Assistant – Trenton
609-599-9622 ext 213 smcknight@capitalymca.org



COMMUNITY DANCE ACADEMY

The Community Dance Academy at the Capital Area Y is a creative arts program that is an excellent opportunity for youth, teens, adults and families to gain exposure to a significant aspect of our culture. Through the arts, participants experience activities that foster self-expression and build self-esteem, develop imagination, critical thinking and valuable social skills. The goal of our Dance Academy is to help students learn proper technique while developing a love for expressing themselves through dance. The Community Dance Academy offers beginner, intermediate and advanced classes.

Programs: Ballet, Tap, Hip-Hop, Modern and Jazz



ENRICHMENT & PROGRAMS

Our programs at the YMCA have been established for the purpose of enhancing the educational and social experience of the youth attending.

Programs: Martial Arts, Lacrosse, Rowing, Basketball, Summer Enrichment and School Year Enrichment



HEALTHY LIVING



SENIOR OLYMPICS
FEATURING
JOETTA CLARK-DIGGS

196

SILVER SNEAKERS
MEMBERS

SilverSneakers®
FITNESS



IT'S TIME to get back to fitness
TOGETHER



MOTIVATION
TOGETHER



“THE Y KEEPS ME MOVING, BUT
THE SOCIALIZATION IS WHY WE
REALLY COME. WE ALL SUPPORT
EACH OTHER.”



NEW
XTREME HIP HOP

HEALTH & FITNESS

Health and Fitness Programs should reach out to people of all ages and abilities, giving them opportunities to live healthier more productive lives. Our emphasis is one of prevention, wellness, and fun, with our philosophy organized around the principle that there is a oneness of spirit, mind, and body.



SOCIAL RESPONSIBILITY



Taking the time to understand one another is critical to building a strong community and we are always working on ways to bring everyone in our community together and make everyone feel welcomed.



FARMERS MARKET

FRESH & DELICIOUS

EVERY MONDAY JUNE THROUGH AUGUST

CORNER OF HUDSON & GREENWOOD AVE.

TRENTON, NJ FREE PARKING

FREE MEALS FOR KIDS!



isles

Self-Reliant Communities

**RACHEL'S
SMOOTHIES**

**Contact the Capital Area YMCA
at 609-599-9622**

**NORZ HILL
FARM &
MARKET LLC**



FOOD ACCESS PROGRAMS

FREE HEALTHY MEALS FOR KIDS!

DOES YOUR PROGRAM ALREADY OFFER GREAT ENRICHMENT ACTIVITIES BUT THE KIDS ARE ALWAYS HUNGRY? THE Y FEEDS KIDS!

In summer 2013 the Capital Area YMCA launched its first hunger relief program when we embarked upon becoming our own Summer Food Service Program (SFSP) sponsor. As we enter our eighth summer self-sponsoring we couldn't be happier with the outcomes we've had over the years and we continually look to expand our impact in areas of need. Last summer we sponsored and/or operated 26 summer meal sites!

In addition to the summer meals program, we also operate an after-school dinner program. When we began the dinner program in November 2014, we were one of only two organizations that ran at-risk after school meal programs in the city of Trenton. We started with one Y-based site and have since sponsored and/or operated as many as 21 sites in a school year.

The Covid 19 pandemic forced the closing of schools around our region, and thus all our after-school dinner programs with only two days' notice. However, food insecurity in children has exponentially increased. Many of our city's children relied on school to eat two meals a day, and our after-school meal programs for dinner. Although our school-based programs closed we were able to quickly open 8 grab and go meal sites throughout the city within a matter of three days under an emergency summer meals waiver from the state of New Jersey. We have since added another two grab and go summer sites and reopened three at risk sites.

For more information on how you can support our meal program, to partner or volunteer, please contact Khadijah McQueen at 609-599-9622 ext 202 or email kmcqueen@capitalymca.org.



The Food Access Department has served 68,594 breakfasts, 108,653 lunches, 101,769 snacks and 117,180 dinners. A total of 396,196 meal types from July 1, 2019 until June 30, 2020.

Khadijah McQueen
Director of Food Access

Oversees the At Risk After School Meal Program, the Summer Food Service Program, the Greenwood Ave Farmers Market, and other food-related community initiatives. 609-599-9622 Ext. 202; Email: kmcqueen@capitalymca.org

OUR AMAZING HUNGER HEROES



OUR AMAZING HUNGER HEROES





CONGRATULATIONS TO OUR 2019 HONOREES

FOR THEIR
DEDICATION AND
SUPPORT OF THE
YMCA MISSION.



AYO MARIE RICHARDSON

CARING AWARD



Ayo Marie Richardson is a native New Yorker who called New Jersey home for most of her adult life. One of the great accomplishments of her life is lending her God-given talents to improving the quality of life of the underserved through revitalizing communities in distress. She puts great emphasis on bridging the achievement gap, eradicating socio-economic disparity, and eliminating food insecurity. These passions have led her to write over \$1,000,000 in grants during her career to bring quality programs and services to community-based organizations.

From February 2013 until June 2018, Ayo had the immeasurable honor of serving as the Chief Operating Officer of the Capital Area YMCA where she oversaw all day-to-day operations. In June 2018, she relocated and while she now calls

Charlotte, NC home, Ayo continues to support the Y in Human Resources, Grant Writing and Special Projects. Although some may say her specialties are operation analysis, technology integration and change management, Ayo leads with a people over process approach and looks forward to daily nurturing the staff and reminding them how valuable they are to our organization.

Ayo is the former Executive Director of the Westminster Community Life Center which features the award winning Get SET Afterschool Program. She is also an alumnus of Rider University where she earned both her bachelor's degree in global marketing and master's degree in organizational leadership.

On her professional journey, Ayo acknowledged her love of teaching which led her to pursue a brief career as a teacher at Village Charter School in the city of Trenton. Teaching 5th and 7th grade taught her a lot and ignited a passion for empowering children. However, after 3 years she began to miss her call of leading people and returned to the non-profit arena to serve in various positions where she was responsible for the executive operations of several programs including emergency food management, out of school time programming and early childhood education.

A licensed minister, Ayo knows that all of her achievements are only by the grace of God. As she continues to seek His direction for her next chapter in ministry, she finds no greater joy than being a servant of God, showering her children Ricky and Amber, and husband Michael, with love, and spending time with family and friends.

JEFF HIRSCHMAN

RESPONSIBILITY AWARD



Jeff Hirschman, the Capital Area YMCA's Senior Program Director has over 30 years of successful experience in recreational program development and staff management. Jeff is a seasoned professional who has spent most of his career running summer camps, pools and youth programs. Jeff has the experience of working with diverse populations and a strong operational background.

Jeff is a progressive, goal-oriented leader who achieves positive outcomes by developing and leading a strong team. Over his many years of community involvement and program development Jeff has recognized that staff development and member-centered customer service are two important ingredients when you are working with a non-profit. Jeff has a B.A. in Physical Education/Recreation from Kean University and his commitment to youth and creating opportunities for youth, drives his passion.

Jeff also has a lifelong passion for the Y. "When I was younger, I participated in Sunday Basketball for many years and learned how to swim at the Metuchen YMCA. Bringing the community together and ensuring that everyone in the community has a chance to reach their full potential is very important to me. The Y has something to offer for everyone and I want to help strengthen the impact the Y has in this community," says Jeff. "I am very excited to be able to support the YMCA mission and strengthen our community."

YAZMINELLY GONZALEZ

COMMUNITY CONNECTOR AWARD

Yazminelly Gonzalez, was born on February 4, 1980 in Philadelphia, PA and moved to Trenton at the age of 1. Yazminelly, affectionately known as “Yaz”, is the eldest of two children to the Late Juan Martinez and Carmen Martinez. Her younger brother Juan Martinez II is currently an active member of the United States Marine Corp.

Yazminelly attended Trenton Public Schools, attending Paul Robeson, Hedgepeth Williams Middle School, and graduating from Trenton Central High School in 1998. In high school, Yazminelly was an active member of student council, class committee, and was a member of Trenton Central High School’s Junior Varsity and Varsity Cheerleading team. After graduating high school, Yazminelly went on to pursue her education at The University of Maryland Eastern Shore in Princess Anne, Maryland where she majored in Special education and graduated with a BA in science in May 2002.

After earning a degree in Maryland, she returned home to Trenton where she currently works as an educator for special needs children. In addition to teaching full time, Yazminelly is the JV Cheerleading coach for Trenton Central High school. Outside of her school day, she also spends several hours as a home instructor for Trenton students.

Yazminelly, wears many hats in our community. She is currently an active member of Change Church where she serves as the assistant leader for the I-Care ministry, which helps to coordinate community service opportunities for church members in the Mercer County Area once a month. She has served as secretary for the Marco Dillard Scholarship Committee for the last 9 years, helping to raise over \$13,000 for graduating student athletes from Trenton Central High School. Yazminelly most recently fulfilled a long time goal of becoming a member of Delta Sigma Theta Sorority, Inc. in 2017 where she currently holds the position of co-chair for the Social Action committee. Yazminelly is also Vice President of Social Lyte Eventz, which is an event planning company who coordinated the Grand opening of the New Tennis Courts in Caldwell Park in Trenton, NJ. Most recently, she served as Treasurer of the Puerto Rican Day Parade Committee in Trenton.

Yazminelly’s parents have instilled a love for her community and giving back to the children in this city. She volunteers many hours serving our homeless population and mentoring children.

Yazminelly’s humble personality and smile can light up a room. She loves to travel, spend time with family and friends. She is known for her big heart and willingness to help anyone who asks and has fallen in love with working with autistic children.



JANET McEWEN

MAKING IT HAPPEN AWARD



Janet McEwen says that every day starts with new and unexpected blessings and that is exactly what happened in September 2015 when she entered the now Capital Area YMCA. Who knew that when registering her granddaughter Jayda for dance she would have the chance herself to once again pick up her tap shoes which by the way she hadn't done since she was a student at Trenton Central High School many years ago.

Receiving the "Making It Happen" award for Janet is humbling being that she believes that it is the Capital Area YMCA from the first time she walked into its doors, that has continually "Made It Happen" for her.

Janet renewed her love for tap dancing by taking senior tap classes at the Community Dance Community at the Capital Area YMCA, she danced on the historical War Memorial Stage in 4 dance recitals with the Community Dance Academy, made many new friends, taken a tap class with world re-known tap dancer Savion Glover, traveled to the Broadway Dance Center in New York City

with the "DanceSense" dance camp of the Capital Area YMCA in 2019 and danced at the Lawrenceville Senior Center Black History Program in their opening number.

Some say age is simply a number and at 71 Janet agrees. Dreams come true at any age and her ability to "Make It Happen" for the young people of our community and the Capital Area YMCA is a dream come true she treasures every day.

The mission of the Y, healthy living, social responsibility and youth development is always present in the dance program under the Direction of Renee Riddle-Davison and it is Janet's dream to be able to continue to support Mrs. Renee and the students. Janet believes that children are our future, teach them well and let them lead the way.

To whom much is given, much is required Janet says daily and she thanks the Capital Area YMCA for finding it not robbery to think to bestow this award on her and praises God that she is able to "Make It Happen".

LATINO MERCHANTS ASSOCIATION OF NEW JERSEY COMMUNITY COMMITMENT AWARD



The Latino Merchants Association was formed in 2007 by the following individuals Maria Richardson, Marino Posso, Manuel Hernandez, Vicente Barrientos, Manuel Segura, Estuardo Ariola, Carlos Perez, Richard Sambrano.

The purpose of the LMA is to represent the Latino Business Community, Latino professionals and workers by assimilating and disseminating information on pertinent business issues, sponsoring and carrying plans that will further the prosperity and development of the Latino Business community.

To stay actively involved in implementing improvements and programs that enhance the community as a whole and promote higher business standards and encourage cooperation among the local merchants.

To serve as a networking platform for merchants, business owners, professionals and workers within our community.

BRIANNA HIRSCHMAN

YOUTH VOLUNTEER OF THE YEAR



Volunteering is the act of giving your time and service to a cause without payment and it can be done for many reasons. Some do it for a variety of reasons but volunteering is a way of life for me. It was how I grew up, and it expresses who I am.

My goal in life is to inspire others to give back in any way they can, not because they have to, but because they want to.

Being a volunteer runs in my family. My Dad has always volunteered and has spent most of his working career working for a YMCA, as well as many other recreational places.

I am a junior at Somerset County Vocational and Technical High where I am currently studying Cosmetology. I enjoy playing on a recreational basketball team and participating in other sports. I am a certified lifeguard and I love to swim.

I have been a part of the YMCA for my entire life and I love to work with children. During the last two summers I volunteered at the Capital YMCA summer camp, putting in over 200 hours and I didn't stop there.

Whenever there was a special event like National Night Out, Y5K runs and Healthy Kids day, I can't wait to be involved. One of the other areas I like to be involved in is with the after-school program and the childcare.

Working with children is a lot of fun and being a hard-working volunteer and a great role model for youths at the Capital Area YMCA is very important to me. Being with the kids is probably one of the greatest things a volunteer can do!



OUR RESPONSE TO COVID19

In this time of national crisis, being hit hard, but we practice safe habits that distant, we can grow and community, hand to our neighbors.

all communities in our nation are aren't helpless. Even as we keep ourselves physically closer together in spirit offering a helping most vulnerable

**Over
1,500
meals served
DAILY**

**Daily
phone call
check-ins**

**Providing
much needed
resources**

If you donate now, help us meet our a hand to families this painful and

**Staying
connected
with At-Home
Exercise
Videos**

your money will mission, lending so they can survive difficult crisis.

Thank you for helping us to because we're all in this help today could very well be the person who helps you tomorrow

serve the community together and the person you

May you weather this crisis in the best of health.

Capital Area YMCA 609-599-9622
www.capitalymca.org/donate/

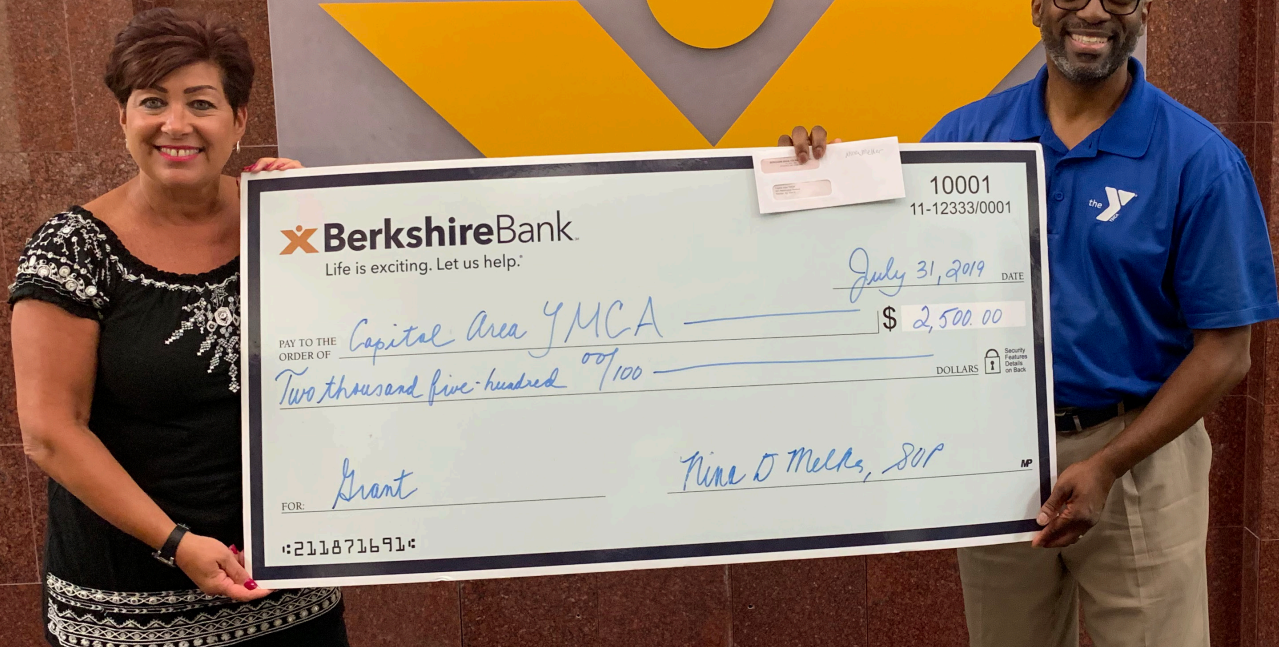


CAPITAL AREA YMCA

Y5K



TOGETHER
WE CAN
DO SO
MUCH MORE!



A HUGE THANK YOU TO OUR DONORS AND SUPPORTERS.

The following Includes Special Events, Grants, and Special Gifts

GRAND BENEFACTOR (\$50,000+)

Novo Nordisk

GRAND PATRON (\$25,000 TO \$50,000)

Wells Fargo Foundation
YMCA of the USA Year Round Food Program Grant
Princeton Area Community Foundation

CHARACTER BUILDER (\$10,000 TO \$25,000)

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PATRON (\$1,000 TO \$2,499)

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Christine Smith
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Patrick Ryan
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Mercadien Foundation, Inc.
Langan Engineering
Jen Sparks
Jeffrey Hall
Hilton Realty co
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Christine's Hope for Kids
Amboy Bank



MEMBER **(\$999 AND BELOW)**

John Coy
Trenton Superior Officers Association
Transformation Church
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Standard Insurance
Round Table Wellness, LLC
Peapack-Gladstone Bank
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Sarita L. Wilson
Robin Boyle
Nicole Scheller
Nick Luczyszyn
Marilyn Hardy -Taylor
Kya Saunders
Jerone Steel
Jeannine LaRue
James Pierce
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Catherine Bukosky
Brad Bernstein
Kenyon Booker
Anita Schanck
Ronald Midura
Paul Hirschman
Brooke Locklear



The Capital Area YMCA is grateful for all donations. Every attempt has been made to ensure the accuracy of these lists. Please notify us of any misprints, omissions or corrections.

To update your listing or if your listing is missing, please contact Maria Johnson, Director of Marketing and Communications at mjohnson@capitalymca.org

OUR LEADERSHIP

Samuel Frisby, Chief Executive Officer

Responsible for the overall delivery of the YMCA services to the public within the parameters established by the Board of Directors, the staff, members and community.

609-599-9622 Ext. 203; Email: sfrisby@capitalymca.org

Ayo Marie Richardson, Chief Human Resources Officer

Manages all aspects of human resources including employee relations, recruiting, benefits, compensation, legal issues, organizational structure in accordance with the policies and procedures for the organization.

609-599-9622 Ext. 207; Email: arichardson@capitalymca.org

Renee Riddle-Davison, Senior Program Director - Trenton

Responsible for all health & wellness programs along with the Membership Department, the Community Dance Academy and Special Events.

609-599-9622 Ext. 205; Email: rdavison@capitalymca.org

Jeff Hirschman, Senior Program Director - Lawrence

Responsible for pools, all sports, and all school age child care programming in Lawrence including after school and summer camp.

609.599.9622, ext. 303; Email: jhirschman@capitalymca.org

Victoria Gist, School Age Child Care Director - Trenton

Responsible for all school age child care programming in Trenton including after school and summer camp.

609-599-9622 Ext. 218; Email: vgist@capitalymca.org

Leanne Alexandrini, Preschool Director

Responsible for Preschool School Year and Summer in Trenton.

609.599.9622, ext. 210; Email: laalexandrini@capitalymca.org

Khadijah McQueen, Food Access Director

Oversees the At Risk After School Meal Program, the Summer Food Service Program, the Greenwood Ave Farmers Market, and other food-related community initiatives.

609-599-9622 Ext. 202; Email: kmcqueen@capitalymca.org

Maria Johnson, Marketing and Communications Department

Oversees the marketing and communication for all programs, events and fundraisers that support the work of the Y as a nonprofit, charitable organization committed to strengthening community through youth development, healthy living and social responsibility.

609-599-9622 Ext. 304; Email: mjohnson@capitalymca.org

OUR SUPPORT TEAM

Neil Bacon, Accounting Manager

Responsible for financial reporting and compliance.
609-599-9622 Ext. 206; Email: nbacon@capitalymca.org

Kenneth Perry, Accounting Manager

Responsible for financial reporting and compliance.
609-599-9622 Ext. 206; Email: kperry@capitalymca.org

Aneisha Felton, Admin Assistant – All Child Care and Programs

609.599.9622, ext. 305; Email: Afelton@capitalymca.org

Sabrina McKnight, Youth Programs Administrative Assistant

609.599.9622, ext. 305; Email: Afelton@capitalymca.org

Monica Deleon, Food Access Administrative Assistant

609.599.9622; Email: mdeleon@capitalymca.org

Fania Ayeh, Family Worker

609-599-9622 Ext. 209; Email: Fayeh@capitalymca.org

RESPONSIVE
DEPENDABLE
EXCEPTIONAL

MEMBERSHIP

MISSION STATEMENT

To put Faith principles into practice through programs that promote equity and build a healthy mind, body and spirit for all.

Membership Type	# Of Members
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ADULT	12
COUPLE	4
Renew Active	56
Renew Active Couple	6
SENIOR	13
SilverSneakers	179
SilverSneakers Couple	20
SINGLE PARENT FAMILY	26
TWO-PARENT FAMILY	27
YOUTH	11
1 Adult 1 Child Program	12
ADULT PROGRAM	3
Full-Time Employee	46
Hibbert Corporation	161
Non-Member	10,838
Part-Time Employee	46
Program - 2 YOUTH	158
Program - 3 YOUTH	40
Program- 1 YOUTH	385
Program- 4+Youth	27
Y Board of Directors	13



2019 BOARD OF DIRECTORS

The YMCA is a volunteer-led organization. Our Board of Trustees' are community leaders who generously donate their time and expertise by establishing operating policies, providing planning and strategic direction, and helping to secure the resources we need to promote change in the community and advance the Capital Area YMCA's mission.

Our board firmly believes that the Y plays a vital role in shaping children, supporting families, and providing people of all ages and abilities in our community with programs that can help them realize their full potential.

Daniel R. Brenna Jr,
Chief Volunteer Officer
Ajax Management

Michael Donahue, Vice Chair
Stark & Stark

Warren Broudy, CPA, Treasurer
Mercadien Group

Peter Toft, Secretary
Nottingham Insurance

Meg Carsky-Wilson
Church & Dwight Co., Inc.

Jeffrey M. Hall
Stark & Stark

Pamela Pruitt, Ed. D.
Rider University

Jonathan Meer
Monmouth University

Gene Bouie
Henry J. Austin, Director of
Operations

Sab Russo
Mercer Oak Realty

Patrick Ryan
First Bank

Tracy Thompson, Esq.
NJ Division of Criminal Justice

Gary Gray
Merrill Lynch

Tracy Ross
Shiloh Baptist Church





CAPITAL AREA YMCA

431 PENNINGTON AVENUE
TRENTON NJ 08618

609.599.9622
www.CapitalYMCA.org