



**FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**SUBJECT:** Grab n' Go meals available for kids in eight Trenton locations – **UPDATED TIMES & LOCATIONS**

**FOR IMMEDIATE RELEASE**

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**CONTACT:**

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**The Capital Area YMCA will continue distributing free Grab n' Go meals to children ages 18 and under for the week of March 23, 2020 at the following **updated** Trenton, NJ times and locations:**

- Camp Grace (formerly George Page) 601 N Clinton Ave: Brkfst & Lunch Mon-Fri 12:15pm to 2:15pm
- Capital Area YMCA, 431 Pennington Avenue: Brkfst & Lunch Mon-Fri 12:00pm to 2:00pm
- Columbus Park, Corner of Chestnut and Hamilton Aves: Lunch only Mon-Fri 11:30am to 1:30pm
- Cooper Park, 400 Union Street: Lunch only Mon-Fri 11:30am to 1:30pm
- Greenwood Ave Farmers Market, 427 Greenwood Ave: Lunch only Mondays only 12:00pm to 2:00pm
- THA-Donnelly Homes, 875 New Willow St: Brkfst & Lunch Mon-Fri 12:00pm to 2:00pm
- Villa Park, Corner of Fairmount & Centennial Avenue: Brkfst & Lunch Mon-Fri 11:30am to 1:30pm
- Westminster Presbyterian Church, 1140 Greenwood Ave: Brkfst & Lunch Mon-Fri 11:45am to 1:45pm

**About the Capital Area YMCA**

The Capital Area YMCA is an organization with a long-standing history in the Mercer County area. Founded in 1856, this Y was one of the very first in the United States of America, considering that YMCA's did not come to the USA until 1850. The very first professional basketball game was played at the YMCA in Trenton; our history has been proud and strong, but our future is even stronger.

The Capital Area YMCA Board of Directors and Staff share a commitment to nurturing the potential of our most valuable asset, our children, promoting healthy living and fostering a strong sense of social responsibility. During these tough times, Trenton like many other cities is going through difficult challenges, but there are no challenges that communities who genuinely care about the wellbeing of each other cannot overcome. The Capital Area YMCA is committed to creating an environment that fosters Youth Development, Healthy Living and Social Responsibility.

For more information, please visit [www.capitalymca.org](http://www.capitalymca.org)

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