

THE POWER OF PARTNERSHIPS

TRENTON YMCA 2017 Annual Report

TRENTON YMCA - SERVING TRENTON, EWING AND LAWRENCE

EXTRAORDINARY PARTNERSHIPS

The Trenton YMCA is the capitol city's oldest non-profit organization. For the past 160 years, we have responded to the needs of our community with programs and opportunities that promote youth development, healthy living, and social responsibility. But, rarely have we done our work alone. Throughout our history, we have grasped the out-stretched hand of business and community leaders who want to invest in our mission. The Trenton YMCA has always been powered by partnerships, and

this year was no different.

I am grateful to businesses and organizations "If you want to go quickly, go alone.

If you want to go far, go together.

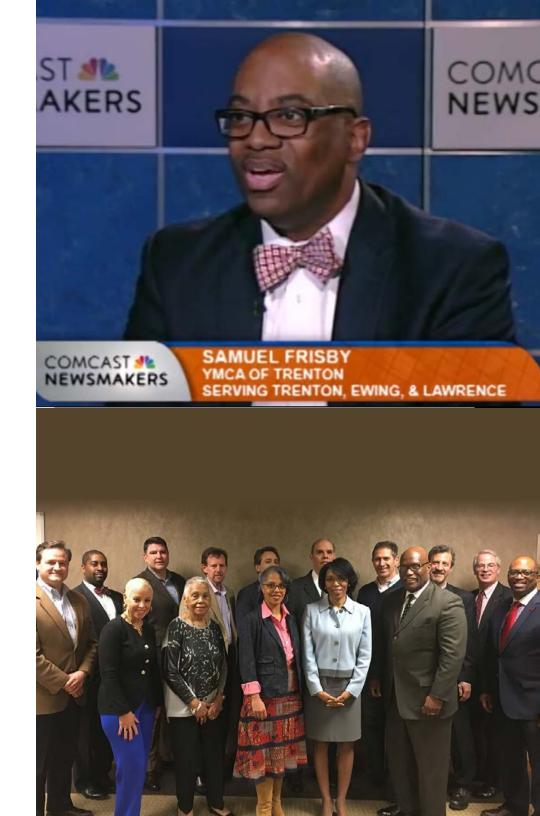
We have to go far — quickly."

African Proverb

like Rider University, Fellowship Capitol City Church, and Novo Nordisk who believe in the work we are doing at the Trenton YMCA. There are many worthy non-profit organizations in our area, and the fact that these organizations choose to partner with us speaks to our position as a leader and our ability to make change in our community. Read on to learn more about how partnerships with these organizations – and many others – are helping us to provide opportunities for children and families in our community to reach their full potential.

On behalf of the Board of Trustees, staff, and most importantly the children and families we serve at the Trenton YMCA, I would like to say thank you for partnering with us. Together we are doing extraordinary things.

Sincerely, Samuel T. Frisby, CEO



CAMP YMCA AT RIDER UNIVERSITY

Working parents in Mercer County had a new, innovative option for childcare this past summer thanks to a partnership between the Y and Rider University. Camp YMCA at Rider combined a traditional summer camp experience with a University setting to provide a unique experience for campers and an affordable option for their parents.

Nearly 250 campers used University resources like the pool, cafeteria, and educational space. Even members of the women's basketball team interacted with the kids! Campers had the opportunity to learn, explore, and achieve their full potential this summer.

By combining resources, the Y and Rider were able to offer this incredible, non-traditional experience to children and their families at one of the lowest tuition rates in the area. We provided before and after care at no additional cost, and campers received complimentary lunch in the campus dining hall alongside Rider students.

"It's never too early to introduce young people to a University setting," said Rider University President Dr. Gregory Dell'Omo. The University leader expressed hope that the experience we provided to our campers this summer will broaden their horizons and set them on the path toward future success...and we think we did just that.

The collaboration of these individual community service organizations is historic in the City of Trenton: engaging as a team the greater good of our children and community.



NOVO NORDISK AND THE COMMUNITY HEALTH COLLABORATIVE

Childhood obesity has become an epidemic in our area, and the Trenton YMCA is at the forefront of the battle to keep our kids healthy. That's why we are a proud partner of the Community Health Collaborative — a coalition of businesses and organizations working to reduce the prevalence of type II diabetes in our community and keep kids at a healthy weight funded by Novo Nordisk.

In our second year of partnership with Novo Nordisk and the Community Health Colaborative, the Y has raised awareness of barriers to health in our community and made strides to improve access to solutions in the fight against childhood obesity. In our first year, we used funding from the Foundation to build a new fitness center at Joyce Kilmer Middle School. Now in our second year, we have engaged nearly 60 children in an affordable after-school care program that is focused on healthy living and provided family education through Family Fun night events.

The group is working to cultivate healthy lifestyles in our community by:

- Providing healthy food in our schools
- Improving access to nutritious, affordable foods
- Encouraging more physical activity
- Educating students, parents, and caregivers

Our partners in this effort include the Boys and Girls Club, George Street Playhouse, The FoodTrust, Go Noodle, Isles, New Jersey Partnership for Healthy Kids, Wellness in the Schools, and The College of New Jersey.



TRANSFORMATION CHURCH

The partnership with Transformation Church transcends the work that they have done with children on the basketball courts and men in our gym. Transformation Church has ensured our success in civic leadership opportunities by lending their physical resources. They have not only provided their stage, sound system and seating for major civic events, but they sent the man power to set up, break down and operate the equipment for the events. Their assistance in making our Annual Healthy Kids Day a success was crucial to ensuring that our 1,200 participants received the experience they deserved.

When our newly elected Governor was a candidate and wanted to do a town hall meeting to engage constituents, his team chose the Trenton Y as the venue and Transformation Church ensured that the more than 500 attendees were comfortable



FELLOWSHIP CAPITAL CITY CHURCH

The strongest partnerships are founded in shared values, and that is definitely the case when it comes to our friends at Fellowship Capital City Church. A multi-ethnic church that exists "to know Christ and to make Him known in Trenton and the surrounding communities," Fellowship Capital City is led by Pastor Brennan Coughlin. Ministering to others is a cornerstone of the church, and you could see their commitment on display when they provided volunteers to do all the set up for this year's Healthy Kids Day. Our staff also enjoyed the breakfast they provided on registration day for our Dance Academy.

FIRST TEE OF GREATER TRENTON

The First Tee of Greater Trenton is a youth development organization that works to introduce the game of golf and the values that come along with it to young people. By reinforcing values like integrity, respect, and perseverance, First Tee helps children become better golfers as well as better people. The Trenton YMCA was proud to partner with this organization to bring golf education to the kids in our community.



YMCA OF THE USA AFTER SCHOOL MEAL PROGRAM

When the YMCA of the USA learned that more than 16 million children in our country live with food insecurity, they decided to act. The Trenton YMCA has joined this effort to provide hot meals to kids in our community who otherwise may not receive one.

Following the USDA-certified Child and Adult Care Food Program, the Trenton Y made sure 170 children got a hot meal as part of our after school program before heading home for the night.



THANK YOU TO OUR 2017 DONORS AND CORPORATE SPONSORS

Donations

Advaxis | \$250 Ajax Management | \$5,000 Amboy Bank | \$1,000 Ancero | \$600 Anonymous | \$15,000 Borden Perlman | \$300 Gene Bouie | \$200 Donald Bruckman | \$250 Capital Health System | \$2,500 Robert Carter | \$400 Carter Wilson Group | \$300 Catholic Health East/ St. Francis Medical Center | \$4,250 CFG Health System | \$15,000 Christine's Hope for Kids | \$5,500 City of Trenton | CDBG \$15,000 Coleman | \$500 John P. Donahue | \$600 Michael Donahue | \$300 Kevin Drennan & Rachel Holland | \$300 E&P Contractors | \$300 First Bank | \$4,250 Mitch Friedman | \$750 GF Princeton | \$1,000 Gottesman/Mountain Development | \$2,500 Gary Gray | \$100

Stanley Hartman | \$225

Hill Wallack | \$1,000 Horizon NJ Health | \$1,000 Investors Bank | \$10,000 Mayor Eric Jackson | \$150 Ryan Kennedy, Esq. | \$400.00 Laurenti Family Charitable Trust | \$500 MacMurray Enterprise LLC | \$1,100 Gregory Mauro | \$150 Jonathan Meer | \$1,100 Brian Hughes, Mercer County Executive | \$500 Mercer County Sheriff | \$600 Mercer Oak Realty | \$2,100 New Jersey Manufacturers Insurance Company \$3,600 Nexus Properties | \$2,500 NJ State Police PBA #167 | \$1,750 NJHI | \$50,000 Nottingham Insurance | \$3,900 David Osterman | \$250 William Parry & Sons | \$100 Peruzzi | \$300 Plumbers & Pipefitters | \$300 PNC Bank | \$5,000 Positive Solutions | \$2,500 Princeton Area Community Foundation | \$45,000 Pringle, Quinn, Anzano | \$300 Prior Nami | \$500

Rider University | \$2,200

Francis Riley | \$500 Rockefeller Group | \$2,500 Tim Rosenblum | \$1,000 Robert & Tracy Ross | \$1,750 Rubenstein Partners | \$2,500 RWJ University Hospital | \$1,000 Ryan's Commercial Maintenance | \$500 Saul Ewing | \$500 Shaping NJ Health Initiative | \$10,000 Simone Realty, Inc | \$200 SpeedPro Mercer County | \$2,500 Stark & Stark | \$4,250 Stevens & Lee | \$200 The Mercadien Group | \$2,100 Thomas Edison State University | \$3,200 Brian Travers | \$100 Trenton Times | \$5,000 TTP Government Relations | \$100 Burton Trent Public Affairs | \$1,100 V.J. Scozzari & Sons, Inc. | \$300 Robert Voelzke | \$520 Wells Farqo | \$11,000 Wayne Winderman | \$1,400 WPST / Nassau Broadcasting | \$5,000 Y USA Food Program | \$10,000

Total | \$280,395

The Trenton YMCA is an organization with a long standing history in the Mercer County area. Founded in 1856, the Trenton YMCA was one of the very first in the United States of America, considering that YMCA's did not come to the USA until 1850.

The very first professional basketball game was played at the YMCA in Trenton; our history has been proud and strong, but our future is even stronger.

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