



MAKING IT WORK FOR ALL



TRENTON YMCA 2018 Annual Report

JULY 1, 2017 – JUNE 30, 2018

TRENTON YMCA – SERVING TRENTON, EWING AND LAWRENCE

Making it Work for ALL

When you think of the YMCA, you might think of kids at summer camp or after school care. Maybe pre-schoolers learning their ABCs or boys and girls taking dance classes? But did you know, the Capital Area YMCA is just as important to the seniors in our community as it is to our children. Adults both young and young at heart count on the Capital Area YMCA to maintain or improve their health, make important social connections, and enjoy fellowship in our community.

Read on to learn about how the Capital Area YMCA made it work for ALL during the 2017-2018 fiscal year.

As the oldest non-profit organization in the City of Trenton, the Capital Area YMCA is proud of the work we have done to support our community. We are a vital link, connecting people from all over the capital area under one umbrella dedicated to keeping our community strong and vibrant.

We are grateful to the businesses, organizations and individuals who have given of themselves to ensure the Capital Area YMCA continues to thrive. Whether their gifts came in the form of time, talent or treasure, we continue to appreciate our partners in the community and all they give to our organization. The staff of the Capital Area YMCA works hard every day to be good stewards of your gifts.

I am excited for the year ahead as we continue to **Make It Work for ALL** in our community.

Sincerely,



Samuel T. Frisby, CEO



Making it Work for KIDS



TRENTON YMCA

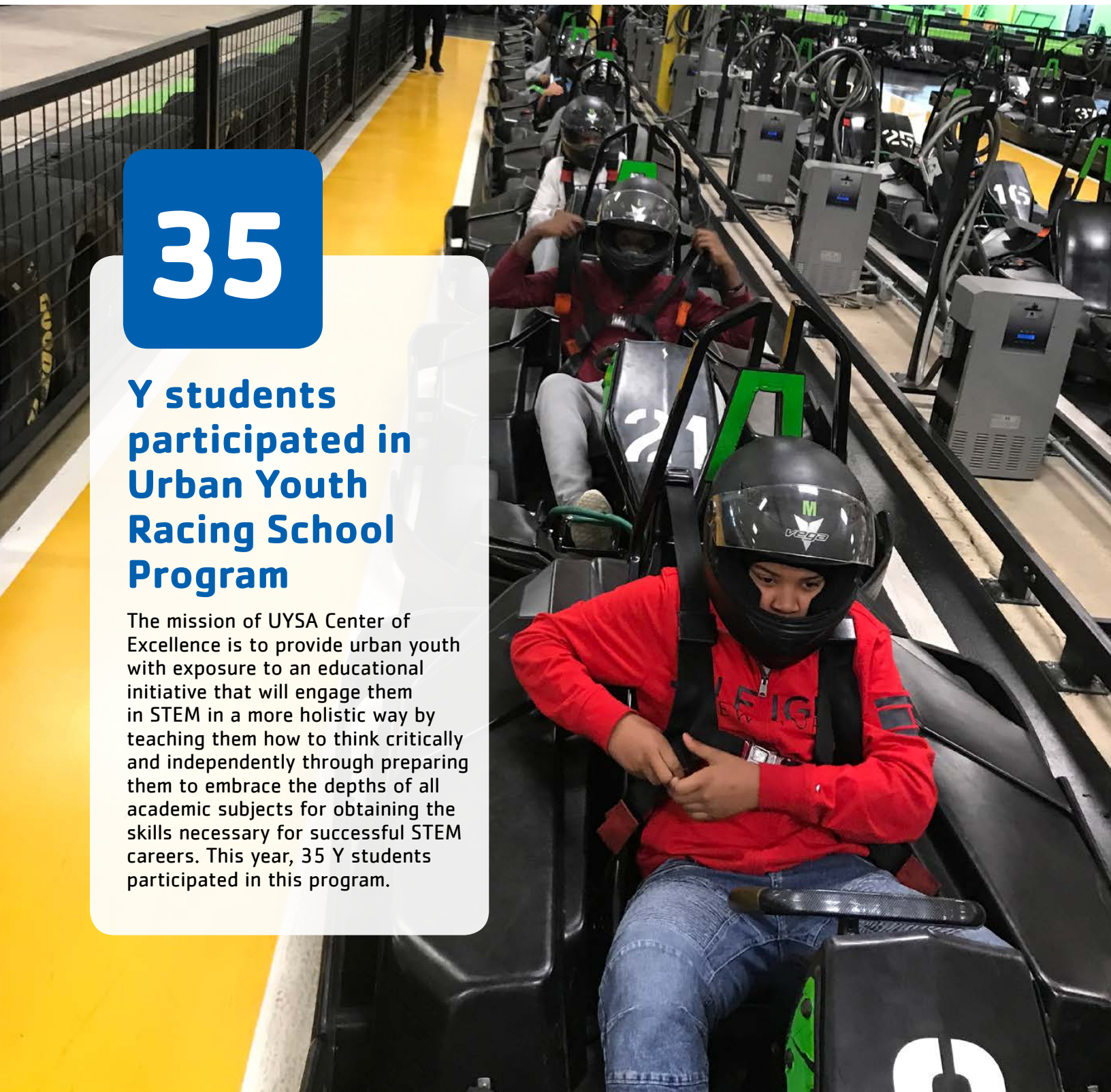
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Making it Work for KIDS

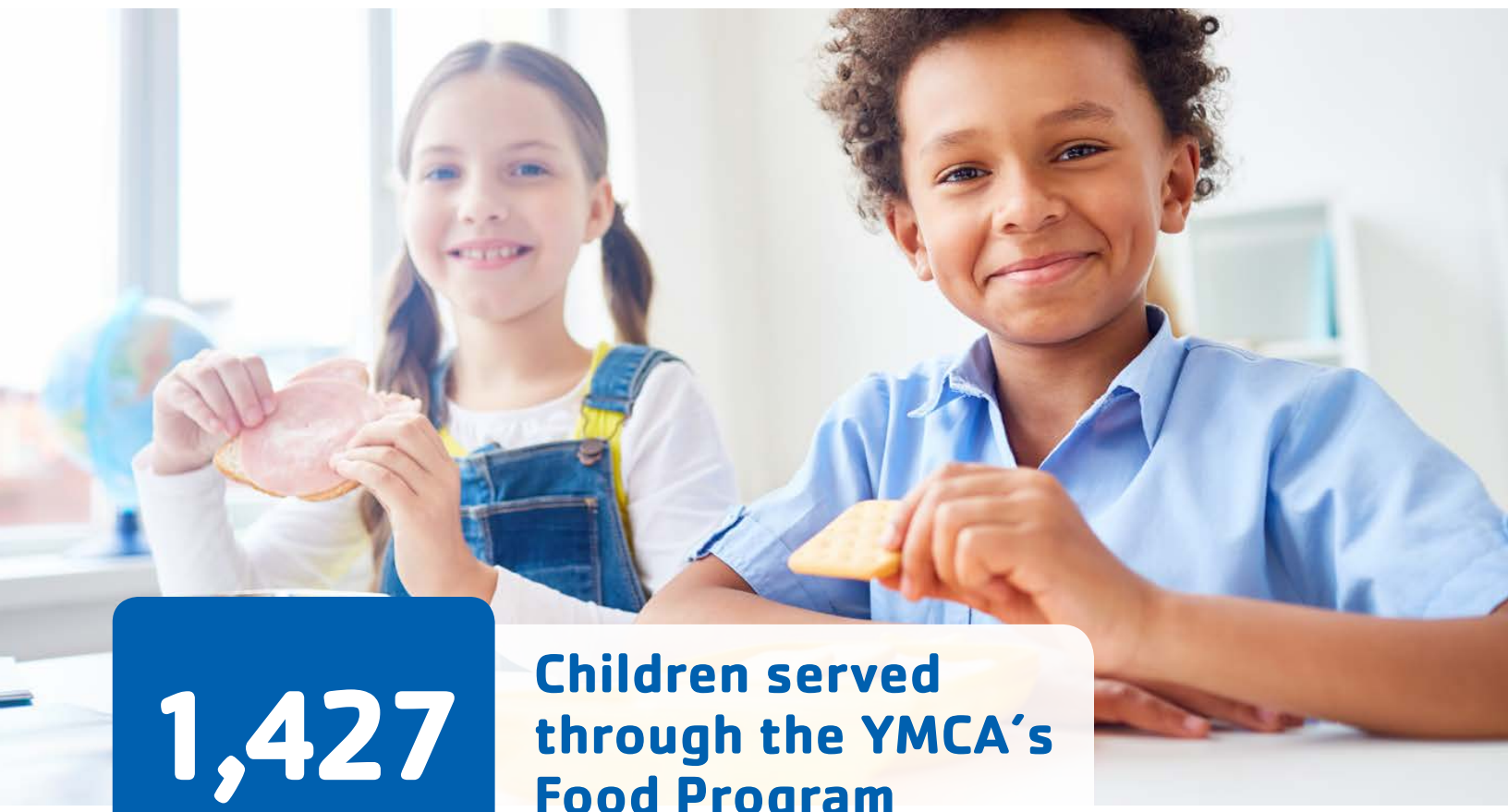
35

Y students participated in Urban Youth Racing School Program

The mission of UYSA Center of Excellence is to provide urban youth with exposure to an educational initiative that will engage them in STEM in a more holistic way by teaching them how to think critically and independently through preparing them to embrace the depths of all academic subjects for obtaining the skills necessary for successful STEM careers. This year, 35 Y students participated in this program.



Making it Work for KIDS



1,427

Children served
through the YMCA's
Food Program



Making it Work for KIDS

60

The number of children
our preschool program set
on the path to academic
success this year

Grow NJ Kids is a state sponsored initiative to raise the quality of childcare and early learning throughout New Jersey. The Capital Area YMCA is on the fourth step of achieving accreditation and on-track to meet our goals by the end of the year.



Making it Work for KIDS



225

Kids enjoyed a
safe, fun summer
at Camp YMCA
at Rider
University



Making it Work for ADULTS



TRENTON YMCA

2018 Annual Report | July 1, 2017 – June 30, 2018



Making it Work for ADULTS

Nearly

1,000

people use the
facility each year



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Making it Work for **ADULTS**

13

**different
kinds of group
exercise classes
are offered
each week**



Making it Work for **ADULTS**

40

**adults
earned CPR
certifications**



250

**adults completed
the Y5K**

Making it Work for SENIORS

FOR YOUTH DEV
FOR HEALTHY LI
FOR SOCIAL RES



TRENTON YMCA

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Making it Work for SENIORS



205



Seniors served each week

Seniors Served each week
between two locations, Trenton
and Lawrence.



Silver Sneakers

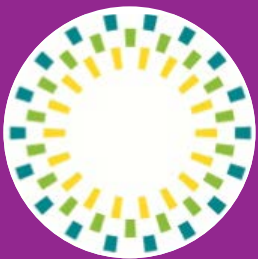
Our seniors have stepped it up –
participation has doubled this year!

Making it Work for SENIORS



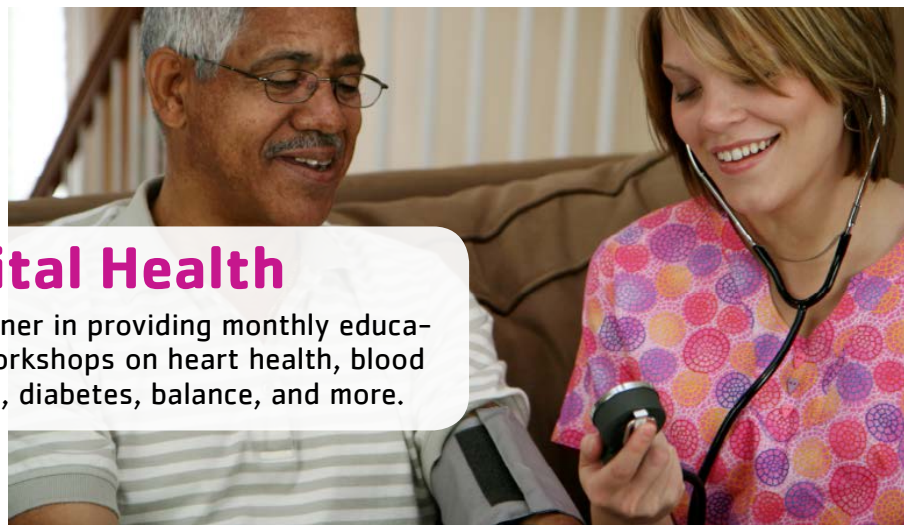
Greenwood Avenue Farmers Market

A highlight of the week for our seniors is visiting the farmers market thanks to a partnership between the Y and the Mercer County Department of Transportation.



Capital Health

Our partner in providing monthly educational workshops on heart health, blood pressure, diabetes, balance, and more.



Helping Hands

Y seniors enjoy regular pot luck lunches, volunteer projects, and car pools to visit one another.



Making it Work for ALL

DANCE

100

Kids

16

Adults

6

Seniors

THANK YOU TO OUR 2018 DONORS AND CORPORATE SPONSORS

Novo Nordisk Grant | **\$65,000**
Robert Wood Johnson Foundation | **\$48,960**
YUSA 2017 Year Round Start Up Grant | **\$25,000**
YUSA 2017 Outreach | **\$20,000**

Novo Nordisk | **\$18,000**
Anonymous Donor | **\$15,000**
PNC Bank | **\$13,500**
Family Health Initiatives | **\$10,000**
YUSA 2017 After school Grant | **\$10,000**

Church & Dwight | **\$7,000**
Christine's Hope for Kids | **\$5,800**

Ajax Management | **\$5,000**
CFG Group | **\$5,000**
NJM Insurance Group | **\$6,750**
Wells Fargo | **\$5,000**
First Bank | **\$4,250**
Stark & Stark | **\$4,250**
Nottingham Insurance | **\$3,900**
Thomas Edison State Univ | **\$2,750**

Capital Health | **\$2,500**
CBIZ | **\$2,500**
Fox Rothschild | **\$2,500**
Fulton Bank | **\$2,500**
Gottesman | **\$2,500**
Investors Bank | **\$2,500**
Kiwanis Club of Trenton | **\$2,500**
Mountain Development | **\$2,500**
Nexus Properties | **\$2,500**
Novo Nordisk | **\$2,500**
Rockefeller Group | **\$2,500**
Rubenstein Partners | **\$2,500**
St. Francis Medical Center | **\$2,500**
The Mercadien Group | **\$2,500**
Mercer Oak Realty | **\$2,200**
Jeffrey Hall, Esq | **\$2,000**
Positive Solutions | **\$2,000**
Rob Ross | **\$2,000**

Benevity Fund | **\$1,900**
Jonathan Meer | **\$1,450**
Rider University | **\$1,400**
Wayne Winderman | **\$1,100**
Amboy Bank | **\$1,000**
BASF | **\$1,000**
Greyfields Investors | **\$1,000**
Hibbert | **\$1,000**
Horizon NJ Health | **\$1,000**
Langan Engineering | **\$1,000**
PRC Group (Campus Town) | **\$1,000**
RWJBarnabas Health | **\$1,000**
Trenton Firefighters Association | **\$1,000**
Waste Management | **\$1,000**

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DONORS AND CORPORATE SPONSORS, CONTINUED

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Gene Bouie | \$700
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Ryans Commercial Maintenance | \$300
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Credit Union of New Jersey | \$250
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Auto Group | \$100
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Coleman | \$100
Hooper Williams Communications | \$100
Erika Knudson | \$100
Jeannine LaRue | \$100
Northfield Bank | \$100
Dr. Pamela Pruitt | \$100
Amy Smith | \$100
Spencer Bank | \$100

The Trenton YMCA is an organization with a long standing history in the Mercer County area. Founded in 1856, the Trenton YMCA was one of the very first in the United States of America, considering that YMCA's did not come to the USA until 1850.

The very first professional basketball game was played at the YMCA in Trenton, our history has been proud and strong, but our future is even stronger.

Trenton YMCA Board of Directors

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Trenton YMCA – Serving Trenton, Ewing and Lawrence