



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



The Y.™ For a better us.™

# WELCOME TO THE TRENTON YMCA.

Welcome to the Trenton YMCA! Your YMCA membership allows you to become a part of a community, make new friends, and enjoy your favorite activities at a price you can afford. Our memberships are designed for men, women and children interested in using the wellness facilities and program offerings at the YMCA. You can terminate your membership at any time with a 30-day notice.

**JOIN A COMMUNITY – NOT JUST A GYM.**

## TRENTON YMCA MEMBERSHIP RATES

FULL FACILITY RATES	Current	Joiner's Fee*
<b>Youth</b> 17 years and younger	\$15/mo	\$0
<b>Young Adult</b> 18 – 24 years	\$20/mo	\$0
<b>Adult</b> 25 – 61 years	\$24/mo	\$24
<b>Senior</b> 62 and up	\$15/mo	\$15
<b>Single Parent Family</b> Including four dependent children**	\$30/mo	\$30
<b>Couple</b> Residing in the same household	\$40/mo	\$40
<b>Two-Parent Family</b> Including six dependent children**	\$47/mo	\$47

\* A dependent is a child who is up to or including age 24 and who lives in the same household.

### PROGRAM MEMBER RATES

Program Membership only entitles members to take programs that they have pre-registered for. It does not include facility usage such as the pool, gym, wellness center, group exercise, or KidzZone.

**Youth** ages 5 to 17 \$20/yr  
**Adult** ages 18 and up \$30/yr  
**Family** \$90/yr

### NON-MEMBER DAY PASSES

**Youth Pass** \$ 5/day  
**Adult Pass** \$10/day  
**Senior Pass** \$ 7/day  
**College Student\*** \$10/wk  
\* must have current college ID

### FULL FACILITY BENEFITS

- No matter where you are in the Garden State, you're welcome at the Y! (See details at bottom.)\*
- Access to Trenton YMCA Gymnasium
- Unlimited access to the Wellness Center featuring:  
Treadmills, Stairmasters, Elliptical Cross trainers, Free Weights, Smith Machine, and Upright bike.
- FREE Adult Group Exercise Classes
- No contracts to sign
- Reduced rates for personal training
- Two complimentary sessions with a trainer: one general physical evaluation and one wellness center orientation.
- Y AWAY Program policies vary based on the YMCA, so always call ahead first to inquire.
- Memberships are non-refundable and non-transferable. Joiner's Fee is a one-time fee unless the membership is terminated for longer than 60 days, at which time the joiner's fee will be assessed to resume membership.

Please visit the Welcome Center at 431 Pennington Avenue for membership concerns and program information.

FALL HOURS	(359 Pennington)	(431 Pennington)
Monday-Friday	9:00 am – 12 Noon	7:00 am – 9:00 pm
+ Mon-Thur	5:00 pm – 8:30 pm	
Saturday	9:00 am – 1:00 pm	9:00 am – 1:00 pm
Sundays	Closed	Closed

431 Pennington Ave. & 359 Pennington Ave. • Trenton • 609.599.9622 • [www.trentonymca.org](http://www.trentonymca.org)



**\*MEMBERSHIP RECIPROCITY – My Y. Your Y.** No matter where you are in the Garden State, you're welcome at the Y! Ys in New Jersey have made it easier for you to access the resources you need to lead a healthy life. As a member of your local Y, you now have access to nearly 50 Y locations throughout the state at no additional cost. More choices mean more chances to use your Y membership to its fullest. [www.njymca.org/main/membership-reciprocity](http://www.njymca.org/main/membership-reciprocity)  
\*Some restrictions may apply. Contact your local Y for more information.